



Where Success Begins ...

2011 - 2012 SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Tri-Leisure	Stony	Tri-Leisure	Stony	Stony	Tri-Leisure	
2:00	[Grey]	CanSkate	[Grey]	[Grey]	[Grey]	[Grey]	
2:15							
2:45							
	Ballet Spruce Grove Room	[Grey]	Off-ice Jump Spruce Grove Room	[Grey]	Open	9:00	Off - Ice Conditioning and Stretch Gym
4:00							
4:15							
4:30	Group	[Grey]	[Grey]	[Grey]	9:30		
4:45	[Grey]	Open	Group	[Grey]	Open	9:45	[Grey]
5:00	Dance & Skills		Dance & Skills			10:00	Freeskate
5:15	Freeskate		Freeskate			10:15	
5:30		Group		CanSkate	10:30	Group Star Skate	
5:45	CanPower Skate		CanSkate		10:45		
6:00		Group		CanSkate	Group Star / Jumpstart & Adult CanSkate	CanPowerSkate	11:00
6:15	[Grey]	[Grey]	CanSkate	11:15			
6:30	[Grey]	[Grey]	CanSkate	CanSkate	11:30		
6:45	[Grey]	[Grey]	CanSkate	CanSkate	11:45		