



Stony Plain Skating Club

Where success begins...

October 2010 News

WELCOME to all returning skaters and families – we are very pleased to see you back on the ice at the Stony Plain Skating Club. And a very special welcome to the new members of our STARSkate / Competitive program! The executive committee and the club coaching staff have been working hard to plan another exciting season. It has taken a lot of work but we all believe we've organized the best possible season for the STARSkaters. Now that it's begun we are ready to have another fun and productive year!

We want to keep you informed. A [monthly newsletter](#) will be emailed to the email address included on your registration form. If you would prefer an alternate email, or did not previously provide one, please email info@stonyplainskating.ca. The majority of club communication will be sent by email, so please check regularly. If you do not have email access, please inform the club at [\(780\) 909-7707](tel:(780)909-7707) and alternate arrangements will be made. Some communication will also be placed in the skater's [mailbox](#) at the TLC, so check these regularly as well. Any changes or special dates, as well as all other distributed information, will always be published on our [website](#), so please visit the site regularly!

COACHING TEAM

We are pleased to welcome back Jessica Lovich, Tracy Baron and Justine Kummer as our [Club Coaches](#) for the season. Jessica, Tracy and Justine will be coaching all programs and will be sharing the administrative duties. Each STARSkater will have one of our Club Coaches as their primary coach. This coach will be responsible for the skater's development plan and will liaise with any other coaches involved in the skater's training.

As well, we welcome back Kristin Padget. Kristin will continue to work with skaters on interpretive programs and choreography, as well as supporting the coaching team by providing lessons for skaters under the direction of the club coaches. Kristin will also be leading the off-ice Stretch classes.

Alexa Kummer and Jordan Nielsen and will complete our coaching team. Having completed the CanSkate Professional Coach training, Alexa and Jordan will provide instruction for our CanSkate sessions. Jordan will also be running the mandatory off-ice conditioning classes on Saturday mornings.

We are very pleased to welcome back Lynne Koper, [Senior Dance Coach](#), and Michael Olson, [Dance Partner](#), to our team! Lessons with Lynne and Michael will be booked by the skater's primary coach.

This season we will be offering both [ballet](#) and [yoga](#) off-ice classes. These classes are designed to improve our skater's strength, grace, flexibility and musicality and are an important part of skater development. Yoga will be taught by a certified instructor at the Tri-Leisure Centre. Ballet will be run through Dance Soul, a studio within walking distance of the Stony Plain arena. Dance Soul's convenient location and excellent instructors are bound to make this new partnership a big success.

All Senior & Intermediate STARSkaters are encouraged to assist the club as [Program Assistants](#) during CanSkate sessions. This is an excellent learning opportunity for skaters and helps to improve the quality of our CanSkate program.

Thanks to all of our Corporate Sponsors!



Waves
Car Wash



Maligne Lake
Jasper National Park Alberta, Canada



FUND-RAISING NEWS

With the goal of keeping program fees at a reasonable level, the club has embarked on an aggressive fundraising campaign. Information on a number of fundraisers will be distributed. While these fundraisers are not mandatory, the club encourages all members to participate as much as possible!!

SandyView Farms: SandyView Farms will donate 15% of retail sales to the Stony Plain Skating Club between 2:00 – 6:00 pm on the following designated shopping days:

October 18th November 15th January 17th February 28th March 21st April 11th

Remember proceeds only go to the club if you shop between 2:00 pm and 6:00 pm!!!

Raffle: Raffle ticket books will be distributed to all members of the club again this year. Ticket stubs must be returned to the club by March 13th, 2010 as the draw will be made at the annual ice show. There are some awesome prizes this year, so get selling!

Bingo: Bingo dates are listed on the website. Bingo sign-up sheets are available from Patti-Jo Sullivan. It is your responsibility to schedule your required number of bingos.

About a week before a bingo, you will receive a reminder email. If after that point, you are unable to work the bingo, it is your responsibility to find a replacement worker. If you do not, your bingo deposit will be cashed. However, we are required to have a certain number of volunteers at each bingo. If we are short, we will receive demerits, which could lead to a loss of events, and possibly a loss of our bingo license. Please be responsible and send a replacement worker. If there is a last minute emergency, please contact Ruth Clark, who may be able to assist in finding a replacement. If you notify Ruth Clark before the reminder email that you must cancel, Ruth will find a replacement worker.

SILENT AUCTION

Bring the whole family for a night of fun, fright and fundraising. The Stony Plain Skating Club is excited to be hosting a family Halloween Party and Silent Auction on Saturday October 30th. We have booked Garden Valley Community Center at the corner just south of Wal-Mart & Hwy 627. This country location will serve as the perfect 'Spooky Halloween Spot' and can hold up to 200 people!

The event will feature Master Hypnotist Norm Shaw and a live DJ by Hear...By Request. Locally based Norm Shaw has entertained crowds at the Juno Awards for six years and owns Hear...by request Professional Music Productions Inc. His 12-year-old son Keanan, aka DJ K, has performed solo for private Much Music Red Carpet parties and performed along-side Edmonton group the Stereos.

Door and silent auction will open at 6 pm and a buffet-style pasta supper (provided by Original Joes) will be served at 6:30 pm. Tickets are on-sale now for \$20 for adults and \$16 for children 12 & under. For tickets call Cathy at (780) 963-8880 or email info@stonyplainskating.ca.

Silent Auction item donations are welcome...even encouraged! The more prizes we have, the more we can fundraise, with all proceeds going to improve our club programs.

Thanks to all of our Corporate Sponsors!



COMPETITION NEWS

Royal Glenora Invitational Competition – October 15th to 17th

Competition season is fast approaching. The first event of the year is the Royal Glenora Invitational. Although it is mainly a Competitive competition, all StarSkaters are welcome to participate.

BMO Skate Canada Alberta-NWT/Nunavut Sectional Championships – November 4th to 7th

This competition is the first step towards Nationals. Winners of each event will go on to represent the Alberta/NWT/Nunavut section at Divisionals. This season Sectionals is taking place in Fort MacMurray.



You can now find the Stony Plain Skating Club on Facebook. Like! us today to get club updates on your newsfeed.



You can also follow us on Twitter under @SkateStony. Here you'll not only get important info but also fun facts and skater updates.



Tune in to our YouTube account to find exciting videos of our club skaters and informative educational videos.

CLUB GUIDELINES

In order for our figure skating program to function effectively and for skaters to reach their full potential, we remind parents and skaters that their cooperation is appreciated in the following areas:

- Skaters are expected to be on time for all on-ice and off-ice sessions and to train throughout the entire session. Skaters coming on late to a session may be asked to sit off until the beginning of the next session, as not to interrupt skaters on sessions already in progress.
- In order for skaters to reach their potential, it is expected that they attend all sessions that they have registered for.
- Skaters are asked to refrain from unnecessary talking during training sessions.
- Disruptive or inappropriate behaviour will not be tolerated.
- Skaters must wear proper skating attire during on-ice and off-ice sessions (i.e., clothing that presents the skater's body line). No loose fitted clothing, hooded sweatshirts, etc.
- For ladies, leggings or yoga-type pants may be worn only once a week. Exceptions may be drawn on extremely cold days.
- Skaters should come prepared for ever session. They should have everything they need (gloves, water, music cd's) with them when they step on the ice.
- Water is the preferred drink to bring to a training sessions.
- Parents, please do not sit in the players' boxes or stand at ice level. As a parent you can be a distraction to your child and to coaches that may be coaching nearby.
- Parents may not watch off-ice classes, unless so indicated by the coaching team.
- It is unacceptable to coach your child or anyone else's child during any training session.

Thanks to all of our Corporate Sponsors!



IMPORTANT DATE

September 1 Start of Session 1
January 3 Start of Session 2

No Skating Days:

October 2 Ice Unavailable
October 11 Thanksgiving
November 11 – 15 Fall Break
December 11 Host Low Test Day
Dec 19 – Jan 2 Christmas Break
February 5 Ice Unavailable
February 19 Ice Unavailable
February 21 Family Day

Competitions:

October 15–17 Glenora Invitational
November 4–7 AB/NWT/Nun Sectionals
December 3–5 Edmonton Region Open
February 4–6 Edmonton Region
FunSkate
March 18–20 STARSkate Championship
April 15–17 Sunsational Invitational
April 21-24 Glencoe Invitational

Tentative Test Days:

November - TBA Centralized High Test
December 11 Centralized Low Test
December 16 Centralized High Test
January - TBA Centralized High Test
February 15 Centralized High Test
February 28 Centralized Low Test
March 19 Centralized High Test
March 20 Centralized Low Test
May 9 Centralized Low Test
May 14 Centralized High Test

Special Events:

October 30 Silent Auction
December 17 Christmas Family Skate
March 11 Dress Rehearsal
March 13 Ice Show

BOARD OF DIRECTORS

President	Dan Veldhuis
Past President	Cathy Nielsen
Vice President	Corinne Sikora
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Secretary	Denise Milne
Test Chair	Angela Lubbers
Fundraising	<i>vacant</i>
Coaching Director	Jessica Lovich

COMMITTEE CHAIRS

Registration	Tracy Baron
Bingo Coordinator	Patti-Jo Sullivan
Special Events	Kristin Padget
Publicity/Marketing	Kristin Padget
Rec. Program Liaison	<i>vacant</i>
Webmaster	Bev Padget

Thank you to all of those who have volunteered to serve on the Board of Directors and Committees.



SKATECANADA
STONY PLAIN SKATING CLUB

CONTACT US

President - Dan Veldhuis (780) 968-9237
Bingo - Patti-Jo Sullivan (780) 701-0925
Fundraising - Cathy Nielsen (780) 963-8880
Club Inquiries - (Tracy) (780) 909-7707

Coaching Team:

Jessica Lovich (780) 785-2107
Tracy Baron (780) 968-2061
Justine Kummer (780) 720-7684
Kristin Padget (780) 722-1723

www.stonyplainskating.ca

Email: info@stonyplainskating.ca

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