



Stony Plain Skating Club

Where success begins...

September 2009 STARSkate News

WELCOME to all returning skaters and families – we are very pleased to see you back on the ice at the Stony Plain Skating Club. And a very special welcome to the new members of our STARSkate / Competitive program! An exciting season has begun and we are ready to have another fun and productive year!

We want to keep you informed. A monthly newsletter is produced, and the club has made a commitment to 'going green'. The newsletter will be emailed to the email address included on your registration form. If you would prefer an alternate email, or did not previously provide one, please email info@stonyplainskating.ca. The majority of club communication will be sent by email, so please check regularly. If you do not have email access, please inform the club at 780-909-7707 and alternate arrangements will be made. Some communication will be placed in the skater's mailbox at the TLC, so check these regularly as well. Any changes or special dates will always be published on our website, so please visit the site regularly!

On page 3 of this newsletter, we have included the club STARSkate guidelines. We ask parents and skaters to review these guidelines. In order to provide a positive skating environment and a successful experience for all, it is important for everyone to abide by the guidelines.

DID YOU KNOW that Michaela Milne is a competitive ice dancer? Michaela, and her partner Randy Mendita from the Ice Palace SC, will be competing in Juvenile Dance at the Royal Glenora Invitational Competition in October as well as at the BMO Sectional Championships. **Good Luck** to Michaela and Randy, as well as to our dance partner, Michael Olson, who will be competing with his partner in Senior Dance.

COACHING TEAM

We are pleased to welcome back Kelsey Padget, Tracy Baron and Jessica Lovich as our **Club Coaches** for the season. Kelsey, Tracy and Jessica will be coaching all programs and will be sharing the administrative duties. Each STARSkater will have one of our Club Coaches as their primary coach. This coach will be responsible for the skater's development plan and will liaise with any other coaches involved in the skater's training.

As well, we welcome back Justine Kummer and Kristin Padget. Justine will be continuing as **Junior Club Coach**, supporting the coaching team by providing lessons for skaters under the direction and supervision of the club coaches. Kristin will continue to work with skaters on interpretive programs and choreography, also under the direction and supervision of the club coaches. Justine and Kristin completed the Phase 3 course of their Level 1 Coaching Certification this summer, and now just need to acquire some coaching hours to become fully Level 1 certified.

Alexa Kummer and Jordan Nielsen will complete our coaching team. Having completed the CanSkate Professional Coach training, Alexa and Jordan will provide instruction for our CanSkate sessions.

We are very pleased to welcome back Lynne Koper, **Senior Dance Coach**, and Michael Olson, **Dance Partner**, to our team! Lessons with Lynne and Michael will also be booked by the skater's primary coach.

Kayla Lindenback will once again be our **Ballet Instructor**. The coaching team are currently planning a number of exciting sessions for the additional off-ice classes. Stay tuned for more information on these sessions!!

IMPORTANT DATES**No Skating Days:**

October 3	Ice unavailable
October 12	Thanksgiving
November 11	Remembrance Day
November 14	Centralized High Test Day
November 28	Northwest Region Open
December 5	Ice unavailable
Dec 19 – Jan 1	Christmas Break
February 5, 6	Region FunSkate
February 13	Ice unavailable
February 15	Family Day
March 27 – April 5	Spring Break
April 30	Sunsational Competition

Special Events:

December 11	Christmas Family Skate
March 12	Ice Show dress rehearsal
March 14	Ice Show

Competitions:

November 27 – 29	Northwest Region Open, Barrhead
December 5 -6	Winter Games Zone Run-offs, St. Albert
February 4 – 7	Alberta Winter Games, Cold Lake
February 5 – 7	Region FunSkate, Edmonton
March 4 – 7	STARSkate Championships, Airdrie
April 1 – 4	Glencoe, Calgary
April 23 – 25	Sunsational, Edmonton

Tentative Test Days:

November 14	Centralized High Test - TLC
November 30	Low Test - TLC
January 29	Centralized High Test, Ft. Sask.
February 1	Low Test – TLC
March 20	Centralized High Test, Edm.
March 22	High Test – TLC
March 24	Low Test – TLC
May 10	High Test – TLC
May 12	Low Test – TLC

CONTACT US

President	Cathy Nielsen	780-963-8880
Bingo	Ruth Clark	780-962-8633
Fundraising	Jason Melnyk	780-960-4729
Club Office – Inquiries (Tracy)		780-909-7707
Kelsey Padget		780-989-5541
Tracy Baron		780-968-2061
Jessica Lovich		780-785-2107

BOARD OF DIRECTORS

President (interim)	Cathy Nielsen
Past President	Bev Padget
Vice President	vacant
Treasurer	Lenna McConnell
Secretary	Corinne Sikora
Test Chair	Angela Lubbers
Fundraising	Jason Melnyk
Coaching Director	Kelsey Padget
Committee Chairs:	
Registration	Joanne Kitney
Bingo Coordinator	Ruth Clark
Special Events	Jackie Gogowich
Publicity / Marketing	Jackie Gogowich
Rec. Program Liaison	Rae Dinning
Webmaster	Bev Padget

Thank you to all of those who have volunteered to serve on the Board of Directors and Committees.

FUND-RAISING NEWS

Raffle: Raffle ticket books will be distributed the first week in October. If you have not received your tickets by October 10, please contact the club. Ticket stubs must be returned by March 12, 2010. A box for return of ticket stubs will be available during program sessions.

FundRaising Campaign: With the goal of keeping program fees at a reasonable level, the club has embarked on an aggressive fundraising campaign. Information on a number of fundraisers will be distributed. While these fundraisers are not mandatory, the club encourages all members to participate as much as possible!!

Bingo:

Bingo dates are listed on the website. Bingo sign-up sheets are available from Ruth Clark. It is your responsibility to schedule your required number of bingos. Further information is included in the club guidelines on page 3.

Casino:

Our club has been given a casino at the Gold Dust Casino in St. Albert on January 1 & 2. A portion of the revenue generated from this event will be used to fund the Competitive Team. Therefore, all families of STARSkate skaters are expected to volunteer for this event. Please watch for more information.

CLUB GUIDELINES

In order for our figure skating program to function effectively and for skaters to reach their full potential, we remind parents and skaters that their cooperation is greatly appreciated in the following areas:

- ❖ Skaters are expected to attend all sessions for which they have registered, including off-ice sessions. They are expected to be on time for all on-ice and off-ice sessions and to train throughout the entire session. Skaters are asked to refrain from unnecessary visiting during training sessions.
- ❖ Skaters must wear proper skating attire during on-ice and off-ice sessions (i.e., clothing that presents the skater's body line).
- ❖ Skaters are expected to perform an adequate warm-up prior to arriving on the ice in order to minimize the possibility of injury and to enhance performance. Speak to your coach for the layout of this warm-up.
- ❖ Parents, please do not sit in the players' boxes or stand at ice level, as you may be a distraction to your child and to coaches that may be coaching nearby. It is unacceptable to coach your child or any other skater during any training session. Please be supportive and encouraging to your skater and the coaching team!!
- ❖ The skater's professional coach is responsible for your skater's training plan. Please speak to them regarding appropriate training sessions, competitions, tests and other skating related matters.
- ❖ All coaching bills are due within 14 days of invoicing. Remember – this is their income and think of how you would feel if your paycheque was delayed!!
- ❖ All club bills are also due within 14 days of invoicing. It is your responsibility to ensure that you receive all bills that are placed in the skater's mailbox.
- ❖ If you do not have a copy of the SPSC Parent Handbook, please contact Cathy Nielsen.

BINGO REMINDERS

It is your responsibility to ensure you are scheduled to work the required number of bingos. Please contact Ruth Clark to schedule your bingos.

We are required to have a certain number of volunteers at each bingo. If we are short, we will receive demerits, which could lead to a loss of events, and possibly a loss of our bingo license.

About a week before a bingo, you will receive a reminder email. If after that point, you are unable to work the bingo, it is your responsibility to find a replacement worker. If you do not, your bingo deposit will be cashed. However, we would still receive demerits, so please be responsible and send a replacement worker. If there is a last minute emergency, please contact Ruth Clark, who may be able to assist in finding a replacement. If you notify Ruth Clark before the reminder email that you must cancel, Ruth will find a replacement worker.